

Symposium

*Going from Haunting Images of the Past  
to Positive Images of the Future:  
Interdisciplinary Perspectives on Emotion,  
Memory and Mental Imagery*

Mental images - the images we 'see' in our mind's eye - have a powerful impact on our emotions, and allow us to time travel, dream and imagine alternative possibilities as 'flash forwards'. Maladaptive forms of mental imagery are common across psychological disorders - from distressing intrusive memories ('flashbacks') after trauma to a lack of positive mental images about the future in depression. This international symposium aims to stimulate interdisciplinary thinking about mental images, its fundamental nature as well as potential for psychological treatment innovation by bringing together experts on mental imagery from a range of different domains.

The symposium is an event of the Natural Sciences Programme (Human Brains & Societies) of the Swedish Collegium for Advanced Study (SCAS).

Thursday, 23 March 2023

Please note that this symposium will be held as an online event only.

Zoom webinar: <https://uu-se.zoom.us/j/61911533825>

Please see the next page for the programme.



## Programme

### Thursday, 23 March

(Time zone: CET/Stockholm)

- 09:15 - 09:20     Welcome  
Prof. **CHRISTINA GARSTEN**, SCAS
- 09:20 - 09:30     Introductory remarks  
Dr. **LAURA SINGH**, SCAS & Uppsala University
- 09:30 - 10:10     *A 'Smörgåsbord' of Recent Publications*  
Emotional Mental Imagery Lab, Uppsala University
- 10:10 - 10:50     *Mental Imagery as Conditioned Response to Trauma Cues: From Audiovisual to Pain Intrusions*  
Prof. **FRANK WILHELM**, University of Salzburg
- 10:50 - 11:10     Break
- 11:10 - 11:30     *Are Intrusive Memories a Special Form of Memory? An Experimental Psychopathology Odyssey*  
Dr. **ALEX LAU ZHU**, University of Oxford
- 11:30 - 11:45     Discussant panel morning session:  
Dr. **PHILIP MILLROTH**, Uppsala University  
Dr. **LISA ESPINOSA**, Karolinska Institutet  
Dr. **THOMAS ÅGREN**, Uppsala University
- 11:45 - 13:00     Break
- 13:00 - 13:40     *Spontaneous Future Thinking: From Theory to Clinical Applications*  
Prof. **SCOTT COLE**, York St John University
- 13:40 - 14:00     *Flashforward Imagery in Non-suicidal Self-injury - An Ecological Momentary Assessment Study*  
Dr. **JULIE JI**, University of Plymouth
- 14:00 - 14:20     Break
- 14:20 - 14:40     *Mental Imagery and Positive Affect Amplification: Testing Emotional Amplifier Theory*  
Dr. **STEPHANIE BURNETT-HEYES**, University of Birmingham
- 14:40 - 14:55     Discussant panel afternoon session:  
Prof. **ANNE H. BERMAN**, Uppsala University  
Dr. **SUSIE HALES**, Oxford Health NHS Trust  
Dr. **CLARE RATHBONE**, Oxford Brookes University
- 14:55 - 15:00     Concluding remarks  
Dr. **LAURA SINGH**, SCAS & Uppsala University

